The Indonesian Journal of Human Nutrition (IJHN) is a scientific journal that contains research articles in the field of human nutrition. IJHN is published by the Department of Nutrition, Faculty of Health Sciences, Universitas Brawijaya Malang, and is published twice a year (July and November).

The scope of IJHN includes the scientific scope of clinical nutrition (including but not limited to aspects of cell culture stage research (in vitro), experimental animals (in vivo), human interventions in the fields of biomolecular studies, nutrigenetics, nutrigenomics, fetal programming, gut microbiota, gut hormones), community nutrition (epidemiological aspects, observational, qualitative studies, nutrition education, public health), and institutional nutrition (functional food development, recipe development related to patient food intake).

Manuscripts written for IJHN can be the result of research (a research paper) or the result of a study (by invitation only) in the field of nutrition. Manuscripts are written in Indonesian. Manuscripts accepted are manuscripts that have never been published before. Accepted manuscripts will be published using the Open Journal System (OJS).

**Manuscript Submission Procedure**

1. The submitted article should be original and sent by online to [http://www_ijhn_ub_ac_id](http://www_ijhn_ub_ac_id)
2. Authors can create an account as writers by registering online on the website ([http://ijhn_ub_ac_id/index.php/ijhn/user/register](http://ijhn_ub_ac_id/index.php/ijhn/user/register)) and upload article manuscripts online on the website.
3. Writers can get IJHN journal article templates from the website [http://www_ijhn_ub_ac_id](http://www_ijhn_ub_ac_id) to make it easier to produce journal articles in a specific manner.
4. The author must fill out a statement form for the authenticity of the article manuscript, which includes an identity form for the author and his team (full name, degree, name of institution, address of correspondence) and a statement form stating that the article has never been published in any journal, signed with an IDR 10,000 stamp. When submitting the manuscript, please include a declaration certifying the legitimacy of the text.
5. Everything related to permission to quote or use computer software to produce manuscripts or other matters related to Intellectual Property Rights carried out by the author of the article, along with the legal consequences that may arise because of this, is the full responsibility of the author of the article.
6. All article manuscripts that pass Mitra Bebestari's review procedure will be published with an open access method on the [http://www.ijhn.ub.ac.id](http://www.ijhn.ub.ac.id) website.

7. Authors are required to pay an article review fee contribution of Rp. 1,500,000.00 (one million five hundred thousand rupiah) when it is declared a review by the reviewer.

Manuscript Template

The manuscript should be prepared according to the following guidelines and template: [Download the IJHN template](#).

Manuscript Format

A. Original Research

1. All the article body title should be written in the font of Capital and Bold letters (UPPER CASE); furthermore, the sub title should be written in the font of Tittle Case.
   - Example: INTRODUCTION; METHODS; Research Design

2. Title
   - The title must be written by reflecting the research, a maximum of 12 words, and written in uppercase letters at the beginning of each word except the conjunctions.

3. Author name and affiliation
   - The author's name should be written without an academic title and followed by the institution's superscript number (e.g., Smith1).
   - Present the author’s affiliation under the article title, indicate complete Institution, City, Country.
   - If a research team writes an article, please only write the correspondence address of one of the authors with an email address.

4. Abstract
   - The abstract must contain the introduction, purpose, method, results, and conclusion.
   - Contains a maximum of 200 words.
   - Maximum Keywords are Five Keywords, Capitalise Each Word.

5. Introduction
   - The introduction must contain the background, research context, literature review results, and objectives.
   - References must be written using the Vancouver style (1).
6. Methods
   a) Research Design: the paragraph that displays the research method used.
   b) Research Subjects: paragraphs containing information about the number of samples, how the samples were taken, and details of the samples used or involved. Inclusion and exclusion criteria.
   c) Data Collection/Materials and Tools:
      • For research that uses data collection and/or the use of secondary data, the authors can explain the details of data collection techniques/procedures and the use of instruments needed during the study.
      • While for the type of research related to laboratory experiments and formulation making, the authors can mention in detail the need for tools, materials, and procedures used during the research.
      • The authors must also provide an ethical clearance approval letter number/code of their procedure from an eligible source, especially for research requiring this statement.
   d) Data Analysis: contains an explanation of the authors regarding the analysis procedure performed, the determination of significance and p-value, and the statistical software used in the study.

7. Result
   • The section's first paragraph contains the general results of the research including the sub-results which will be explained later. (e.g., Sub results 1, Sub results 2, Sub results 3, Sub results 4 etc).

Sub results section:
   • In this section, the author can convey the sub-results in detail related to his research. If the results include a certain number or unit format, you can write it using the writing rules that are in accordance with the IJHN (decimal is written: 1.5; less than or more than sign is written with space before the number: < 2.3; numbers with per cent signs is written without space: 25%; units are written with a space after the number: 70 g, 1.5 ml/mol; minus sign - or + between numbers is written without space: 1.5-2.5 or 2+3; plus or minus signs between numbers are written with space: 12 ± 0.5; the ratio is written: RR 1.5 CI 95% 2.5-2.8 or OR -0.79 CI 95% 0.01-0.10; significance value is written: p = 0.03 or p < 0.01).

8. Discussion
   • The first part contains two or three sentences explaining the general discussion of the results of this study. (e.g., Sub Discussion 1, Sub Discussion 2, Sub Discussion 3, Sub Discussion 4 etc).
Sub discussion section:

- In this section, the author can write detailed sub-discussion discussions according to the results of his research. If the discussion uses paragraphs that contain numbers or certain unit formats, you can write them using the writing rules that are in accordance with the IJHN (decimal is written: 1.5; less than or more signs are written with spaces before numbers: < 2.3; numbers with a per cent sign written without space: 25%; units written with space after number: 70 g, 1.5 ml/mol; minus sign - or + between numbers written without space: 1.5-2.5 or 2+3; plus sign or less between numbers is written with a space: 12 ± 0.5; ratio is written: RR 1.5 CI 95% 2.5-2.8 or OR -0.79 CI 95% 0.01-0.10; significance value is written: p = 0.03 or p < 0.01). Each source of evidence is written in paragraphs with Vancouver-style citations (1).

9. Conclusion
- Write the conclusions you get from the results and discussion of your research here.

10. Author contributions
- In this section, the role of each author must be written clearly.
- Each author uses initials in the form of capital letters in each of their names, for example Indah Vinia is shortened to IV, Sutejo Sujarwo Putrandi becomes SSP.

11. Declaration of Conflict of Interest
- Author's statement regarding whether there is a conflict of interest or not.

12. Funding
- The author writes down whether this research was self-funded or funded by other funding institutions/sources.

13. Acknowledgement
- Acknowledgments from the author to individuals/institutions who have played an important role in supporting this research.

14. Data availability
- The author can state whether the data is available for access via meta data or must apply for access permission.

15. Ethical clearance
- Write down the certificate ethical clearance code here.
B. Review Research

1. All the article body title should be written in the font of Capital and Bold letters (UPPER CASE); furthermore, the sub title should be written in the font of Title Case.

Example: INTRODUCTION; METHODS; Data Sources and search strategy

2. Title

The title must be written by reflecting the research, a maximum of 12 words, and written in uppercase letters at the beginning of each word except the conjunctions.

3. Author name and affiliation

- The author's name should be written without an academic title and followed by the institution's superscript number (e.g., Smith1).
- Present the author's affiliation under the article title, indicate complete Institution, City, Country.
- If a research team writes an article, please only write the correspondence address of one of the authors with an email address.

4. Abstract

- The abstract must contain the introduction, purpose, method, results, and conclusion.
- Contains a maximum of 200 words.
- Maximum Keywords are Five Keywords, Capitalise Each Word.

5. Introduction

- The introduction must contain the background, research context, literature review results, and objectives.
- References must be written using the Vancouver style (1).

6. Methods

a) Data Sources and search strategy: this section contains the databases used and the search keywords used to obtain titles/topics/articles that are relevant to the review being conducted.

b) Eligibility Criteria:

- This section contains the roles of each reviewer involved and how the review is carried out among the reviewers.
- This section also conveyed that if there are differences of opinion regarding an article among the reviewers, whether the decision is taken by discussion or agreement.
- This section also presents the inclusion criteria for determining the articles reviewed.
c) Data extraction: In this section, the author explains clearly how all the extraction articles are extracted and what results can be obtained. Here also mentioned the use of PRISMA. Especially for systematic reviews, the authors are advised to carry out an analysis of the Newcastle Ottawa Scale (NOS).

7. Result

- The section's first paragraph contains the general results of the research including the sub-results which will be explained later.
  a) Search summary

- A report in general on the results of the review conducted, such as how many were reviewed, the types of articles reviewed, and the things that make this review different from the same review. In addition, the author can discuss in more detail the PRISMA chart that was successfully compiled.

b) Narrative review result

- In this section, the author can convey the sub-results in detail related to his research. If the results include a certain number or unit format, you can write it using the writing rules that are in accordance with the IJHN (decimal is written: 1.5; less than or more than sign is written with space before the number: < 2.3; numbers with percent signs is written without space: 25%; units are written with a space after the number: 70 g, 1.5 ml/mol; minus sign - or + between numbers is written without space: 1.5 - 2.5 or 2+3; plus or minus signs between numbers are written with space: 12 ± 0.5; the ratio is written: RR 1.5 CI 95% 2.5 - 2.8 or OR 0.79 CI 95% 0.01 - 0.10; significance value is written: p = 0.03 or p < 0.01).

c) Meta-analysis result (must be presented for Systematic Review only)

- In this section, the author can convey the sub-results in detail related to his research. If the results include a certain number or unit format, you can write it using the writing rules that are in accordance with the IJHN (decimal is written: 1.5; less than or more than sign is written with space before the number: < 2.3; numbers with percent signs is written without space: 25%; units are written with a space after the number: 70 g, 1.5 ml/mol; minus sign - or + between numbers is written without space: 1.5 - 2.5 or 2+3; plus or minus signs between numbers are written with space: 12 ± 0.5; the ratio is
8. Discussion

- The first part contains two or three sentences explaining the general discussion of the results of this study. (e.g., Sub Discussion 1, Sub Discussion 2, Sub Discussion 3, Sub Discussion 4 etc).

**Sub discussion section:**

- In this section, the author can write detailed sub-discussion discussions according to the results of his research. If the discussion uses paragraphs that contain numbers or certain unit formats, you can write them using the writing rules that are in accordance with the IJHN (decimal is written: 1.5; less than or more signs are written with spaces before numbers: < 2.3; numbers with a per cent sign written without space: 25%; units written with space after number: 70 g, 1.5 ml/mol; minus sign - or + between numbers written without space: 1.5-2.5 or 2+3; plus sign or less between numbers is written with a space: 12 ± 0.5; ratio is written: RR 1.5 CI 95% 2.5-2.8 or OR -0.79 CI 95% 0.01-0.10; significance value is written: p = 0.03 or p < 0.01). Each source of evidence is written in paragraphs with Vancouver-style citations (1).

9. Conclusion

- Write the conclusions you get from the results and discussion of your research here. Write the conclusions you get from the results and discussion of your research here.

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12. Funding

- The author writes down whether this research was self-funded or funded by other funding institutions/sources.

13. Acknowledgement

- Acknowledgements from the author to individuals/institutions who have played an important role in supporting this research.
14. Data availability

- The author can state whether the data is available for access via metadata or must apply for access permission.

References

- Use Vancouver Style References

- The reference list is prepared in the following way:
  a) Book

  - Author's work
    Writer's name. Title: subtitle. Edition (if open first edition). Volume (if taken from a book with more than one volume). Place of publication: Publisher; Year. page number.
  
  - Editor's work
    Editor Name 1, Editor Name 2, editor. Title: Subtitle. Edition (if not the first edition). Volume (if taken from a book with more than one volume). Place of publication: Publisher; Year. page number.

Example:

- Single Author/Editor

- Two or more Authors/Editors

- Later Edition

- No Author
b) Book Collection of Articles


Example:

- Chapter in an Edited Book
c) Articles in Journal or Magazine

- Author Name of Article A, Author B, Author C. Article Title. Short name of the Journal. Year; volume: page number.

Example:

- Journal articles

- Journal article: More than six authors

- Journal article: No author

- Journal article: Organization as author

- Journal article: Volume with supplement


d) e-Journal

- From a full-text database

  Author A, Author B. Article Title. Short name of the Journal [article format]. Year [downloaded: date month year]; volume (number): page number. Available from: Database Name. Link address or URL.

- From internet

  Author A, Author B. Article Title. Short name of the Journal [article format]. Year [downloaded: date month year]; volume (number): page number. Available from: Link address or URL.

e) e-book

- Author A, Author B. E-book title: subtitle [format]. Place of publication: Publisher; date of original publication [download date month year]. Available from: source or URL.

  Example:

  - Electronic Books (E-Books)
Chinese Journal of Human Nutrition (CJHN)
Department of Nutrition, Faculty of Health Sciences, Universitas Brawijaya
Puncak Dieng Ekseklusif, Kunci, Kalisongo, Dau, Malang 65151, Indonesia
Telp. +62 341 5080686 Pes: 132
Website: https://ijhn.ub.ac.id/ Email: ijhn.giziub@gmail.com

- Chapter from an Electronic Book
- Article from an Electronic Reference Book
- Article from an Electronic Encyclopedia
- Article from an Electronic Dictionary: No Author
f) Articles in Newspapers
- Article Author Name A. Article Title. Newspaper Title: Section of the newspaper. Date Month Year: page number.
Example:
- Newspaper articles in print
  - Kissane, K. Kiss or Kill: who is the victim when a battered woman kills? The Age: Extra. 5 September 1998: 6.
O’Leary C. Vitamin C does little to prevent winter cold. The West Australian. 29 Juni 2005: 1.

Newspaper article in print: No author


Newspaper article from a full text database


Newspaper article from internet


Unpublished paper

Author's name A. Thesis title: subtitle. Unpublished [format]. University Location: University; Year.

Published paper

Author's name A. Thesis title: subtitle. Place of Publication: Publisher; Year of Publication.

Thesis from full text database

Author's name A. Thesis title: subtitle. Type of Thesis [format]. University Location: University; Year. Available from: Database Name.

Example:

Thesis in Print: Unpublished


- Thesis in Print: Published

- Thesis from a full text database

h) Conference and Workshop

- Conference printed proceedings
  Author of paper A., Author of paper B. Title of paper. In: Editor A, Editor B, Editor. Title of Proceedings: Proceedings of the Conference Title: Subtitle of the Conference; date month Year; Location. Place of Publication: Publisher; Year. Page Number.

- Conference paper online
  Author of paper A., Author of paper B. Title of paper. In: Proceedings of the Conference Title: Conference Subtitle; date month Year; Location. Place of Publication: Publisher; Year. Available from: URL or Database Name.

- Conference proceeding
  Editor A, Editor B, Editor. Conference Title: conference subtitle; date month Year; Location. Place of Publication: Name of Publisher; Year.

Example:

- Conference Paper in Print Proceedings
  - Khalifa ME, Elmessiry HM, ElBahnsy KM, Ramadan HMM. Medical Image Registration using Mutual Information Similarity Measure. Dalam: Lim CT, Goh JCH,
editor. Icbme 2008: Prosiding dari the 13th International Conference on Biomedical Engineering; 3-6 Desember 2008; Singapura. Dordrecht: Springer; 2009. Halaman 151-5


- Conference paper from the internet

- Unpublished conference paper

- Conference proceeding

i) Internet

- Author A, Author B. Document Title. Website Page Name [format]. Reference source; Internet Publication Date [downloaded: date month year]. Available from: link URL.

  Example:
  - Electronic Document
Electronic Document: No author

Government Publication: Australian Bureau of Statistics Document

Government Publication: Government Department

Personal Internet Site

General Internet Site

j) Official document

k) Translation book