**Original Research**

**English Title (The title must be written by reflecting the research, a maximum of 12 words, and written in uppercase letters at the beginning of each word except the conjunctions)**

**Authors, Superscript numbering for the institution (e.g., Smith1)**

1\*) Institution, City, Country

2 Institution, City, Country

 **\*Corresponding Author:** email@hhhh.cmm

**ABSTRACT**

The abstract must contain the introduction, purpose, method, results, and conclusion. Contains a maximum of 200 words. The abstract must contain the introduction, purpose, method, results, and conclusion. Contains a maximum of 200 words. The abstract must contain the introduction, purpose, method, results, and conclusion. Contains a maximum of 200 words. The abstract must contain the introduction, purpose, method, results, and conclusion. Contains a maximum of 200 words. The abstract must contain the introduction, purpose, method, results, and conclusion. Contains a maximum of 200 words. The abstract must contain the introduction, purpose, method, results, and conclusion. Contains a maximum of 200 words. The abstract must contain the introduction, purpose, method, results, and conclusion. Contains a maximum of 200 words.

**Keywords:** Maximum Keywords are Five Keywords, Capitalise Each Word.

**INTRODUCTION**

The introduction must contain the background, research context, literature review results, and objectives. References must be written using the Vancouver style (1). The introduction must contain the background, research context, literature review results, and objectives. References must be written using the Vancouver style (1). The introduction must contain the background, research context, literature review results, and objectives. References must be written using the Vancouver style (1).

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**METHOD**

***Research Design***

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***Research Subjects***

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***Data Collection/Materials and Tools***

For research that uses data collection and/or the use of secondary data, the authors can explain the details of data collection techniques/procedures and the use of instruments needed during the study. While for the type of research related to laboratory experiments and formulation making, the authors can mention in detail the need for tools, materials, and procedures used during the research. The authors must also provide an ethical clearance approval letter number/code of their procedure from an eligible source, especially for research requiring this statement.

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***Data Analysis***

Contains an explanation of the authors regarding the analysis procedure performed, the determination of significance and p-value, and the statistical software used in the study. Contains an explanation of the authors regarding the analysis procedure performed, the determination of significance and p-value, and the statistical software used in the study. Contains an explanation of the authors regarding the analysis procedure performed, the determination of significance and p-value, and the statistical software used in the study. Contains an explanation of the authors regarding the analysis procedure performed, the determination of significance and p-value, and the statistical software used in the study.

**RESULT**

The section's first paragraph contains the general results of the research including the sub-results which will be explained later. The section's first paragraph contains the general results of the research including the sub-results which will be explained later. The section's first paragraph contains the general results of the research including the sub-results which will be explained later.

***Sub results 1***

In this section, the author can convey the sub-results in detail related to his research. If the results include a certain number or unit format, you can write it using the writing rules that are in accordance with the IJHN (decimal is written: 1.5; less than or more than sign is written with space before the number: < 2.3; numbers with per cent signs is written without space: 25%; units are written with a space after the number: 70 g, 1.5 ml/mol; minus sign - or + between numbers is written without space: 1.5-2.5 or 2+3; plus or minus signs between numbers are written with space: 12 ± 0.5; the ratio is written: RR 1.5 CI 95% 2.5-2.8 or OR -0.79 CI 95% 0.01-0.10; significance value is written: p = 0.03 or p < 0.01).

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***Sub results 2***

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***Sub results 3***

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**DISCUSSION**

The first part contains two or three sentences explaining the general discussion of the results of this study.

***Sub Discussion 1***

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**CONCLUSION**

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**Author contributions:**

In this section, the role of each author must be written clearly. Each author uses initials in the form of capital letters in each of their names, for example Indah Vinia is shortened to IV, Sutejo Sujarwo Putrandi becomes SSP. In this section, the role of each author must be written clearly. Each author uses initials in the form of capital letters in each of their names, for example Indah Vinia is shortened to IV, Sutejo Sujarwo Putrandi becomes SSP.

**Declaration of Conflict of Interest:**

Author's statement regarding whether there is a conflict of interest or not. Author's statement regarding whether there is a conflict of interest or not.

**Funding:**

The author writes down whether this research was self-funded or funded by other funding institutions/sources. The author writes down whether this research was self-funded or funded by other funding institutions/sources. The author writes down whether this research was self-funded or funded by other funding institutions/sources.

**ACKNOWLEDGEMENT**

Acknowledgements from the author to individuals/institutions who have played an important role in supporting this research. Acknowledgements from the author to individuals/institutions who have played an important role in supporting this research.

**Data availability:**

The author can state whether the data is available for access via metadata or must apply for access permission.

**Ethical clearance:**

Write down the certificate ethical clearance code here.

**References**

Use Vancouver Style References **(note: DOI number for journal references must be provided)**:

1.  Vitharana VH, Chinda T. Structural Equation Modelling of Lower Back Pain Due to Whole-body Vibration Exposure in The Construction Industry. Int J Occup Saf Ergon. 2019;25(2):257-67. **doi:10.1080/10803548.2017.1366119.**

2.  Stevens ML, Boyle E, Hartvigsen J, Mansell G, Sogaard K, Jorgensen MB, et al. Mechanisms for Reducing Low Back Pain: A Mediation Analysis of A Multifaceted Intervention in Workers in Elderly Care. Int Arch Occup Environ Health. 2019;92(1):49-58. **doi:10.1007/s00420-018-1350-3**.

3.  Schreijenberg M, Koes BW, Lin CC. Guideline Recommendations on The Pharmacological Management of Non-Specific Low Back Pain in Primary Care - Is There A Need to Change? Expert Rev Clin Pharmacol. 2019;12(2):145-57. **doi:10.1080/17512433.2019.1565992**.

4.  Bennett DS. Cryopreserved Amniotic Membrane and Umbilical Cord Particulate for Managing Pain Caused by Facet Joint Syndrome: A Case Series. Medicine (Baltimore). 2019;98(10):e14745. **doi:10.1097/MD.0000000000014745**.

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**Table:**

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**Table 1. Title**

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**Table 2. Title**

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Diagram/Picture:

Each diagram or picture must be written on a separate page. Each diagram or picture must be written on a separate page. Each diagram or picture must be written on a separate page. Each diagram or picture must be written on a separate page.



Captions for pictures: captions/source.

**Figure 1. Image Title Image Title**



Captions for pictures: captions/source.

**Figure 2. Image Title Image Title**